

Holy Cross, Topsham: CAFOD Parish Representative

Your role as a Parish Volunteer:

Put faith into action and help CAFOD in your parish. As a volunteer in your church community you mobilise parishioners to take action for global justice.

Your unique relationship with the parish priest, other volunteers in your parish and your passion for a better world helps promote CAFOD's work, connecting your community with those overseas. Most of all your actions ensure that our sisters and brothers in the poorest places in the world can have more prosperous and fulfilling lives.

There are several roles organising involvement with CAFOD in your parish, and you can do just one or many:

- Fundraising: the two Family Fast Days (Lent and Harvest); emergency appeals; World Gifts (just before Christmas)
- Campaign organising: raising awareness of the causes of poverty and injustice in your parish (e.g. getting campaign cards / petitions signed, giving short talks or promoting via the parish newsletter)
- Prayer/reflection: ensuring that CAFOD's work is held in prayer (e.g. in the bidding prayers, through Lent and Advent liturgies)
- Organising events/activities (e.g. coffee mornings, soup lunches) in support of fundraising, campaigning or prayer/reflection
- Liaising with your parish priest and your local CAFOD Volunteer Centre, who are there to support you.

May 2026